

# 2015 ITCL Cross Country

## Championships Oct. 6 Woodland Park – McDonald, Ohio

The 2015 edition of the ITCL League Championship will be hosted by the McDonald CC Booster Club. The meet will be held at Woodland Park, at the intersection of Pennsylvania and 6<sup>th</sup> streets in McDonald. The scenic, challenging course is highly visible to spectators, as athletes pass through a central area 9 times as they make their way around the cloverleaf loops of the course before heading to the Billy Goat Hill finish. The varsity 5k course loops Woodland Park 2 ½ times, while the junior high course does 1 ½ loops with a short add-on prior to the mile mark to make the course a full 2 miles. Maps will be available at the meet. Races will begin at **4:25 with the varsity girls (5k)**, followed by **varsity boys at 5:00**, the **JH girls at 5:30** and the **JH boys at 5:50**. An awards ceremony will follow at the park gazebo. Awards will be presented to the top 2 teams in each varsity race, The top 21 in each varsity race will receive awards, with the first 7 designated as All-ITCL first team and 8<sup>th</sup>-14<sup>th</sup> as second team ITCL. In the JH races, the top team and the first 14 individuals will receive awards. Contact Chris Rupe at [chris.rupe@neomin.org](mailto:chris.rupe@neomin.org) 330-647-1297 (home), or 330-530-8051(MHS extension 1336) with any questions.

**The meet fee is \$70 per school and can be paid to the McDonald CC Boosters and sent to McDonald CC Boosters 600 Iowa Ave. ; McDonald, Ohio 44437**

**Rosters: We will get your roster from the Suburban League results. You will only need to send a roster to [chris.rupe@neomin.org](mailto:chris.rupe@neomin.org) if you were not part of the Suburban League Championship meet or if you need to make additions to who ran at the SL Championships.**

The drop-off area for athletes and coaches will be along Washington Ave. just along the south edge of Woodland Park. Packets then can be picked up in the PARK PAVILION.

## **BUSES WILL PARK ON PENNSYLVANIA AVE. INSIDE THE YELLOW GATES MARKING WOODLAND PARK.**

*Please be careful not to set up team camps too close to the course or in the Park gazebo.*

**From the WEST:** Follow 80 or 76 East to the Austintown area where you will follow 80 East which joins 11 North. Follow 80/11 past the 680 split to the next exit which is Salt Springs Road. Turn left on Salt Springs through the light at Sheetz then another half mile to Owsley Road. Turn right on Owsley into the village of McDonald, turning right on Marshall Road (1/2 mile). Follow Marshall for a half mile, through a light, then left on Pennsylvania Avenue (just past Dairy Queen). You will follow Pennsylvania Avenue for another half mile to the drop-off spot at Sixth Street, where the bus will be instructed to the Baseball Fields for parking. Coaches should proceed just northeast (past the gazebo) of the drop-off to the main pavilion where they will pick up their packets and instructions.

**From the SOUTH:** Follow Route 11 North to where it joins 80 East, then exit at Salt Springs Road and follow the instructions above (from the west).

**From the NORTH (or EAST):** Follow route 11 south then when it joins route 80 in Girard, follow 80W/11S for ½ mile to the Route 422 exit. Follow 422 (State Street) right for ½ mile and turn left on Liberty Street. Follow Liberty Street across the river then continue straight on Marshall Road as Liberty Street turns left. Continue past a flashing light then right on Pennsylvania Avenue (just before Dairy Queen). Follow Pennsylvania Ave. for ½ mile to the drop-off at Sixth Street, where the bus will be instructed to the Baseball Fields for parking. Coaches should proceed just northeast (past the gazebo) of the drop-off to the main pavilion where they will pick up their packets and instructions.